

Vol. 48 No.2

For All Emergency Medical Clinicians

MIEMSS Partners with Mental Health Association of Maryland to Offer Free Mental Health First Aid

~ Eight-hour course will be offered to 400 first responders statewide ~

THE MARYLAND INSTITUTE FOR EMERGENCY MEDI-CAL SERVICES SYSTEMS (MIEMSS) is engaged in a multi-year initiative with the Mental Health Association of Maryland (MHAMD) to launch a series of Mental Health First Aid (MHFA) certification courses to first

responders. statewide. The eight-hour course is valued at \$150 per person, and is being offered to

first responders at no cost through funding provided by the Maryland Department of Health's Behavioral Health

Administration. The courses may be delivered in-person, virtually, or via a blended combination of both. The trainings will be facilitated by dozens of Mental Health First Aid instructors throughout Maryland.

Mental Health FIRST AID MARYLAND

identify the signs and symptoms of common mental illnesses and substance use disorders. Mental Health First Aiders are equipped with an action plan to re-

spond effectively to an individual experiencing an emerging mental health challenge or crisis.

Since the pandemic began, hundreds of agencies

across the state have responded to the increased mental

health challenges experienced by Marylanders by offer-

ing the MHFA course to their staff. Participants learn to

Now through June 30, 2022, MIEMSS will sponsor training for 400 first responders in Maryland. Successful

(Continued on page 12)

Governor Proclaims Healthcare Heroes Appreciation Week in Maryland

GOVERNOR LARRY HOGAN encouraged all Marylanders to celebrate the state's frontline medical workers by issuing an official proclamation designating February 7-13, 2022 ,as Healthcare Heroes Appreciation Week in Maryland.

"Even as we move on from the 30-day state of emergency, our public health response continues, as does the tireless work of our healthcare heroes," said Governor Hogan. "Whether it's our doctors, nurses, and EMTs, or the clinical staff at our testing and vaccination sites, we owe a profound debt of gratitude to our frontline medical workers. I call on all Marylanders to take time out next week to do something to show your support and appreciation for our healthcare heroes."

Maryland continues to report substantial declines in key health metrics. Since the Omicron peak of 29.98%, the state's COVID-19 positivity rate has declined by 93.7%, and is below 2% for the first time since July 23, 2021. Maryland's COVID-19 hospitalizations have now declined by 90% since the Omicron peak of 3,452, their lowest level since August 5, 2021.

As part of this appreciation week, the governor's office will be collecting stories to salute Maryland's healthcare heroes. Visit https://governor.maryland.gov/healthcareheroes/ to submit a story of a healthcare hero you know.

Pioneering MSP Medevac Pilot Gary E. Moore Passes Away

RETIRED MARYLAND STATE PO-LICE LT. COL. GARY E. MOORE passed away on February 2, 2022, at the age of 82, more than a halfcentury after piloting the state's first medevac response.

After graduating from Allegany High School in 1957, Moore served four years in the US Navy, during which time he was stationed in Newport, Rhode Island, aboard the USS Roy O. Hale. After completing his service with the Navy, he worked at the Celanese Fibers Plant and then Allegany Ballistics Laboratory in Cumberland, Maryland, before entering the Maryland State Police Academy. Moore spent 27 in the service of the Maryland State Police, retiring second in command at the rank of Lt. Col.

During his time with the Maryland State Police, Moore developed and implemented MSP's medevac program, which became the prototype program worldwide. He commanded its aviation division for 18 years, working with the Maryland Institute for Emergency Medical



GARY E. MOORE Lt. Col. (ret.), Maryland State Police

Services Systems (MIEMSS) in developing and operating the statewide EMS system. On March 19, 1970, joined by TFC Paul Benson, then-Corporal Moore piloted the state's first medevac flight, in response to a motor vehicle crash on I-695 in Baltimore County. The program has since flourished; in FY 2021, the Maryland State Police Aviation Command transported 1,868 patients. During his lifetime, Moore received numerous awards and recognitions for his role in developing the medevac system, including three governor's citations.

In 1992, Moore joined the Maryland Office of Emergency Preparedness and Response, where he coordinated health and medical response operations during national emergencies and disasters such as Hurricanes Andrew (1992), Iniki (1992), Marilyn (1995), and Katrina (2005); the Oklahoma City terrorist incident (1995); the 1996 Olympic Games in Atlanta; and the September 11, 2001, attacks, for which he was recognized by President George W. Bush in 2002.

In 2003, Moore joined the US Department of Homeland Security/ FEMA as Director of Logistics. During his time in federal service, he managed over 70 disaster responses and special events, developed and implemented new response teams specializing in weapons of mass destruction, international surgical care, and veterinary medicine. ■

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Maryland EMS News



Winterfest & Miltenberger 2022 EMS Conferences



This year, the annual Winterfest EMS Conference and Miltenberger Emergency Services Seminar are partnering to present the **Winterfest & Miltenberger 2022 EMS Conferences**. Both conferences have a longstanding commitment to providing quality EMS training to Maryland's clinicians, with Winterfest celebrating its 25th year, and Miltenberger providing training since 2003. This joint conference will feature an EMT Skills Refresher class as well as a PEPP 4th Edition Hybrid Course. Due to the recent increase in COVID-19 transmission, the joint conference will offer over 12 hours of exciting virtual continuing education. Those who attend the full conference and complete a Maryland 12-hour EMT Skills Refresher class will meet their 24 hours required for recertification as an EMT. Virtual content will be announced on the MIEMSS website, and will also be disseminated in the February edition of *Maryland EMS News* as well as via Winterfest and Miltenberger social media accounts. Lectures will be posted on MIEMSS' Online Training Center (https://www.emsonlinetraining.org) in Mid-March.

PRECONFERENCES Registration Required; Basic PPE Required (Face Mask and Eye Protection)

EMT-B 12-Hour Skills Refresher - Combination of online and in person

Fee:

Location:

\$75

Easton Volunteer Fire Department

315 Leonard Rieck Drive (formerly Aurora Park Drive), Easton, MD 21601

A 12-hour skills class will be divided into 4 hours of virtual instruction, followed by 8 hours of skills in person. Space is limited, register early!! Skills Refresher participants will be emailed to confirm class requirements.

Please note: You MUST have access to a computer with reliable internet access during the virtual (online conference) portion of the course AND be able to access the MIEMSS Online Training Center to complete the protocol quiz following the live virtual session.

Dates/Times: Live virtual instruction requires you to log in for the session for the entire time.

Thursday, February 10, 6:00 PM - 10:00 PM (virtual) Friday, February 18, 8:00 AM (in person)

Pediatric Education for Prehospital Professionals (PEPP-4) Course

ree.	400
Dates/Times:	Friday, February 18, 8:00 AM
Location:	The Oxford Fire Company
	300 Oxford Road, Oxford, MD 21654



The PEPP-4 hybrid course features an all-new lecture on Behavioral Emergencies, role-play activities and learning games, such as matching and trivia, along with updated case-based lectures, videos, hands-on skill stations, and small group discussions. The PEPP-4 Hybrid Course is designed by the American Academy of Pediatrics specifically for both ALS & BLS clinicians with a focus on assessment and management of ill or injured children. Maryland EMS for Children has added additional scenarios and special equipment to correlate with EMS Scope of Practice in Maryland. **BLS Participants will complete 10.25 hours of online learning prior to attend the one-day onsite portion. ALS Participants will complete 11.75 hours of online learning prior to attend the one-day onsite portion. Participants will qualify to receive an AAP course completion card by participating in both the online and on-site portions of the course and successfully completing a written test. Credit Hours: BLS: 15 hours; ALS: 18.75 hours. Required – online learning must be completed prior to attending the course. Textbook will be mailed with online access code after payment has been received. PEPP-4 participants will be emailed to confirm class requirements.**

Nursing Contact Hours

University of Pittsburgh Medical Center (UPMC) Western Maryland is approved (PW 13-03-506-1001) as a provider of continuing nursing education by the Maryland Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. WVBRN provider registration number is WV50-28988. The Online seminar provides contact hours as noted below. To receive nursing contact hours, participants are required to attend the entire session and submit the course evaluation.

Content Availability

Winterfest & Miltenberger 2022 EMS Conferences online content will launch on March 11, 2022, at https:// www.emsonlinetraining.org/ and remain available through December 30, 2022.

Welcome to the combined Winterfest / Miltenberger EMS Conferences 2022

Maryland EMS – What's Next?

Ted Delbridge, MD, MPH, FACEP, FAEMS Executive Director, MIEMSS

Dr. Delbridge will share Future Plans of Maryland EMS.

BLS: 0.5 hr. Local Option ALS: 0.5 hr NCCP Individual

Keynote Address – Care on the Bleeding Edge: Decompression of Trauma-Related Myths

Benjamin J. Lawner, DO, MS, EMT-P, FACEP, Assistant Professor, Department of Emergency Medicine, University of Maryland School of Medicine Medical Director, Maryland ExpressCare Critical Care Transport

The care of prehospital traumatic injury has largely been focused on a "scoop and run" strategy. While time is of the essence in penetrating trauma, not all traumatic injury patterns are the same. Technological advances have brought hospital-based interventions into the field, and EMS clinicians have more to offer than a fast ride to the trauma center. Discuss advances related to hemorrhage control, traumatic arrest, and debunk some long-standing myths that have informed current treatment protocols. Discuss topics such as: blood administration, needle decompression, and police-initiated transport of penetrating traumatic injuries.

BLS: 1 hr. Trauma ALS: 1 hr. NCCP Individual

Oh, Baby! Difficult Labor Presentations

Jennifer Fahey, CNM, MSN, MSPH, PhDc, University of Maryland, School of Medicine Assistant Professor in Obstetrics, Gynecology, and Reproductive Science

Out-of-hospital births are some of the most rewarding and exciting calls that EMS clinicians run. However, they can also be some of our most stressful calls, and there are at least TWO patients and often many bystanders. While most births require minimal intervention on the part of the clinician, emergencies do happen. During this session, participants will learn tips, tricks, and best practices when managing obstetrical emergencies. Are you ready to earn your stork pin the next time a call goes out?

BLS: 1 hr. Medical ALS: 1 hr. NCCP Individual

Necrotizing Fasciitis: Risk of the Bay

Mary Alice Vanhoy, MSN, RN, CEN, CPEN, NRP, FAEN, UM Shore Emergency Center Manager

Necrotizing fasciitis is a rare, life-threatening bacterial infection characterized by a rapidly spreading inflammation resulting in necrosis of the subcutaneous tissue and superficial fascia. While there are a variety of bacteria which can cause this infection, early recognition and intervention is imperative for survival. A case study of a teen who developed necrotizing fasciitis after a tooth extraction serves as the foundation for the discussion of this life-altering disease.

BLS: 1 hr. Medical ALS: 1 hr. NCCP Individual

Trauma Case Reviews: Cases That Arrived Via EMS

Andrew Kastello, MD Trauma Surgeon, TidalHealth Peninsula Regional

From the dispatch to definitive care, case studies will explore opportunities to impact the long-term outcomes of the trauma patient.

BLS: 1 hr. Trauma ALS: 1 hr. NCCP Individual

LEADing Forward: How EMS Clinicians Can Interact with Individuals with Intellectual and Developmental Disabilities

Rae Oliveria, NRP, RN, MSN ALS Training Coordinator, Montgomery County Fire and Rescue Service

Approximately 6.5 million people in the United States are diagnosed with Intellectual Disabilities and Developmental Disabilities (IDD/DD). Most IDD/DD are non-institutionalized and therefore live, work, shop, and interact within the communities served by EMS clinicians. This course will identify characteristics of IDD/DD patients and how their behaviors and communication abilities may vary from the non-disabled population in crises or emergency situations. Using the Self-Advocate Educators (SAEs) with IDD/DD, participants will observe or take part in an emergency scenario for a patient with IDD/DD.

BLS: 2 hrs. Medical ALS: 2 hrs. NCCP Individual

Top 5 Fatalities in Children Seen in Maryland

Rich Lichenstein, MD, FAAP Associate Regional Pediatric Medical Director, Region III

What are the leading causes of death and disability in children across the nation, in Maryland, and in your community? Dr. Rich Lichenstein, Chair of the Maryland State Child Fatality Review Team, will present the data and their work with local county and city teams to help understand the causes and incidence of child deaths. New in Maryland, the Forensic Investigation professionals will be asking families to participate in "doll reenactment" to better understand the circumstances in SUID. Participation from EMS clinicians is critical during the local team reviews, to help develop plans and implement changes to prevent child deaths.

BLS: 1 hr. Trauma ALS: 1 hr. NCCP Individual

How Did We Get Here?

Tom Chiccone, MD, FACEP Region IV Medical Director, MIEMSS Jurisdictional Medical Director, Talbot County Emergency Services Medical Director, Allike Health Division, Chesapeake College

What a long, strange trip it's been! Rooted in the unique legacy of Medicare compensation in Maryland, ED boarding and now ambulance diversion have grown and prospered. Is there a way out?

BLS: 1 hr. Local Option ALS: 1 hr. NCCP Individual

Penetrating Traumatic Injuries – 2022 Update

Raymond Fang, MD, FACS Colonel (ret.), USAF, MC, FS Trauma Medical Director, Co-Director, Surgical Intensive Care Unit, Johns Honkins Bayview Medical Center, Baltimore Mortland Associate Professor of Surgery, Polaritation Acute Care Surgery, Department of Surgery The Johns Hopkins, Theorem Medicine Baltimore Maryland

Percentenginjules, both accental and intentional, render a cause of traumatic injuries in the United States. The precospital care of these injuries may be a critical therminant of patient outcomes in many percetrating injuries, primarily in the management of exsanguinating hemorrhage. Prehospital clinicians should be familiar with both the "mechanics" of penetrating injuries, as well as the concerns associated with injury to different body regions.

BLS: 1 hr. Trauma ALS: 1 hr. NCCP Individual

Strokes Come in All Sizes: Pediatric Strokes

Lisa Sun, MD

Pediatric Neurologist, JHCC Pediatric Stroke Program

Strokes can happen to anyone at any time – including teenagers, children, newborns, and unborn babies. A third of pediatric strokes occur in neonates and infants. Early recognition of strokes in children requires proper assessment and stabilization along with appropriate triage and transport decisions to minimuze neurologic disability. Dr. Lisa Sun from the Johns Hopkins Pediatric Stroke Program will provide an update on the occurrence, symptoms, and sequela of strokes that occur in children. Case studies will highlight the difference between infants, children, and teens.

BLS: 1 hr. Medical ALS: 1 hr. NCCP Individual

BE FAST! Cutting Edge Stroke Care

Timothy P. Chizmar, MD, FACEP State EMS Medical Director, MIEMSS

We will discuss the latest evidence and highlight best practices in EMS stroke care assessment and treatment. Through case studies and review of the latest literature, we will demonstrate how a timely EMS assessment, treatment, and destination selection lead to improved outcomes for our acute stroke patients.

BLS: 1 hr. Medical ALS: 1 hr. NCCP Individual

Child Abuse / Child Victimization: Battered, Broken, and Burned

Stephanie Sisler, MD MIEMSS Region I Pediatric Medical Director

Children of all ages are at risk to be victims of abuse, and identification of early signs is key to linkages for protection. A difficult but important trauma topic for EMS clinicians is to understand their role, increase awareness, and provide critical documentation. As the first to respond when tragedy strikes, EMS professionals are critical witnesses to instances of child abuse and neglect.

BLS: 1 hr. Trauma ALS: 1 hr. NCCP Individual

Toxicology for EMS: The Approach to the Poisoned Patient

Eric Schuetz, BSPharm, CSPI Coordinator of Professional Education Maryland Poison Center, University of Maryland School of Pharmacy

In 2022, the Maryland Poison Center is celebrating FIFTY YEARS of providing emergency poisoning management information for the citizens of our state, and many of those calls come from EMS. This talk will help EMS clinicians to know the role of the poison center with respect to the care of the poisoned patient, the relevant history and assessments needed when consulting the poison center, and the types of exposures often seen.

BLS: 1 hr. Medical ALS: 1 hr. NCCP Individual

Using Your Brain to Care for Their Brain

Heidi R. Halterman, MSN, RN, CEN, TCRN, NRP Senior Clinical Nurse II and EMS Liaison, Trauma Resuscitation Unit, R Adams Cowley Shock Trauma Center, Baltimore, Maryland Assistant Chief Division of EMS, Mount Airy Volunteer Fire Company, Carroll County, Maryland

According to the CDC, traumatic brain injury (TBI) is a major cause for death and disability in the United States. This session will assist EMS clinicians in identifying and reinforcing the application of key assessments for the recognition of TBI. Participants will also review treatment modalities they can utilize during their care of their traumatic brain injury patient.

BLS: 1 hr. Trauma ALS: 1 hr. NCCP Individual

Location:

The Winterfest & Miltenberger 2022 EMS Conferences have been changed to a virtual format due to the increased transmission of COVID-19. All sessions will be offered through the MIEMSS Learning Management System. The Winterfest Skills Refresher Preconference hands-on class will be held at the Easton Volunteer Fire Department, and the PEPP-4 Preconference will be held at the Oxford Fire Company.

Payment and Cancellation Policy:

Preregistration is required for PEPP and EMS Skills. We request that registrations be submitted by January 28, 2022. Walk-in registrations will not be allowed. In the event that payment is not readily available from the registrant's department, registration forms must be submitted with a letter of intent to pay on department letterhead. Otherwise, payment of all fees must be included with preregistration. All students must be paid in full prior to the Winterfest & Miltenberger 2022 EMS Conferences, February 19, 2022. There is a \$25 fee for returned checks. Any student with an outstanding balance from any previous Winterfest will not be allowed to participate until their account is paid in full. All requests for cancellations must be made in writing and either emailed to winterfest@talbotdes.org or mailed to:

Winterfest EMS C/O Talbot Co. DES 29041 Corkran Rd. Easton, MD 21601

There is a \$10.00 processing fee for refunds. Speakers and topics are subject to change.

Accommodations: <u>THE WINTERFEST & MILTENBERGER 2022 EMS CONFERENCES</u> WILL NOT BE TAKING ANY RESERVATIONS.

All reservations must be made by the student. Please contact any hotel directly to reserve and pay for your room. If available, booking links will be posted to our Facebook page. All hotels listed include a hot breakfast and free Wi-Fi. Ask for the <u>Winterfest</u> rate from the suggested local lodging.

> Fairfield by Marriott – \$99/night (410) 822-0050

Holiday Inn Express – \$90/night (410) 819-6500

Weather Cancellation:

The Conference Planning Committee will make a decision about cancellation of the Winterfest & Miltenberger 2022 EMS Conferences in-person sessions due to severe weather by 12 Noon on February 16. Call Talbot County DES at (410) 820-8311 for details. Written requests for refunds will be accepted within 30 days of cancellation.

Information:

For additional information or registration confirmations, call TCDES at (410) 820-8311, email us at <u>winterfest@talbotdes.</u> org, or contact us through Facebook. Lunch is provided; please contact the Conference Planning Committee if you have any dietary restrictions. The Conference Planning Committee is committed to ensuring that individuals with disabilities are able to fully participate in the conference. If you require additional assistance, please call the Conference Planning Committee.

Important Addresses:

Easton Vol. Fire Dept. (EMS Skills – Friday, 2/18) 315 Leonard Rieck Drive Easton, MD 21601 Oxford Fire Company (PEPP-4 – Friday, 2/18) 300 Oxford Road Oxford, MD 21654

Winterfest & Miltenberger 2022 EMS Conferences Registration (In-Person Only)

Name:										
Mailing Address:										
City:				S	State:		Zip:			
Phone:		· · · · · · · · · · · · · · · ·								
Clinician #:		· · · · · · · · · · · · · · · ·								
Email <i>(required)</i> :	· · · · · · · · · · · · · · · · · · ·									
Primary Affiliation:										
Certification/License (Circle): F	R EMD	EMT-B	CRT	EMT-P	LPN	RN	NP	PA	MD	

Preconferences (Select Only One):

EMT-B Skills Refresher	\$75
PEPP-4	\$50

Make checks payable to **Winterfest EMS**. Reservations are due by January 28, 2022. Send check along with this form to Winterfest EMS, C/O Talbot Co. DES, 29041 Corkran Rd., Easton, MD 21601. **If payment is not readily available from the registrant's department, registration forms must be submitted with a letter of intent to pay on department letterhead.**

Call or email us with any questions or confirmation requests: (410) 820-8311 or winterfest@talbotdes.org

*** Clinician Number is Required to Receive Continuing Education Credits ***

Maryland Department of Transportation Motor Vehicle Administration's (MDOT MVA)

Maryland Highway Safety Office

The MDOT MVA Highway Safety Office (MHSO) is dedicated to saving lives and working with many partners across the State to reduce the number of crashes each year. In addition, the MHSO looks for ways to reduce crash severity and ways to treat crash victims easier and faster.

Maryland aims to reduce the number of crashes, and the resulting deaths and injuries, to zero by 2030.

MHSO Announcements

This St. Patrick's Day don't push your luck. Whether you're enjoying drinks at the bar or simply a night with friends, remember that impaired driving is never the right choice.

Be the MAKE A PLAN Driver and ensure your ride home is planned *before* you drink. Never allow friends or family to drive if they have been using alcohol or drugs.



Emphasis Area Team Meetings

Looking to become more involved in local road safety? MHSO welcomes participation from the EMS community for all emphasis areas. Mark your calendar for the upcoming meetings:

- Pedestrian & Bicycle Safety: March 17, 2022 (1:00 p.m. – 3:00 p.m.)
- Impaired Driving: April 25, 2022 (10:00 a.m. – Noon)

Contact <u>MHSO@mdot.maryland.gov</u> to register

Are You Prepared for a Winter Vehicle Emergency?

Although spring is around the corner, winter may not be through with us yet. To avoid unnecessary roadside emergencies, motorists should verify their vehicle is in good working condition before traveling, *especially* in the winter. Before your next trip double check that you have the following items.

Winter Car Emergency Kit Essentials:

- Jumper Cables
- First-Aid Kit
- Bottled Water
- Non-Perishable Food Items
- Multi-Tool
- Road Flares or Reflective Warning Triangle
- Flashlight with Extra Batteries
- Ice Scraper/Snow Brush
- Blanket/Gloves
- Small Portable Shovel

Items should be stored in a sealed tote and checked/refreshed on a regular basis.

During winter months, ensure you maintain at least half a tank of gas. Check your windshield washer fluid and fill with a winter blend designed to prevent freezing.





MARYLAND STARS OF LIFE AWARDS

Each year, the Maryland Institute for Emergency Medical Services Systems (MIEMSS) celebrates EMS Week by honoring men and women across Maryland who have contributed to the EMS system. The eight categories for awards relate to specific incidents occurring from January 1, 2021, through December 31, 2021. For further information, call 410-706-3994, or email <u>awards@miemss.org</u>.

MARYLAND STAR OF LIFE AWARD

This award may be given to an individual, multiple individuals, or teams on the same incident for an outstanding rescue under extreme circumstances by EMS personnel.

MARYLAND EMS CITIZEN AWARD

This award is intended for citizen rescuers who have demonstrated quick thinking, fast action, and heroism.

EMS CLINICIAN OF THE YEAR

This award recognizes a clinician who has made outstanding contributions in the past year to the continuous improvement of emergency medical services in Maryland (for example, in the areas of quality assurance, public or EMS education, prevention, delivery of EMS services, and new technology).

EMD CLINICIAN OF THE YEAR

This award is given for extraordinary efforts in assisting the public through dispatch in this vital portion of the Chain of Survival.

OUTSTANDING EMS PROGRAM

This award recognizes a program that offers an innovative approach to reducing death and disability. The program must be affiliated with an EMS system component, such as a hospital, educational facility, rescue squad, or EMS organization.

LEON W. HAYES AWARD FOR LIFETIME EXCELLENCE IN EMS

This award is given to an individual who has devoted a lifetime of dedication to excellence in patient care, compassion and respect for each patient, and commitment to continuous improvement of the Maryland EMS system through his/her professional and personal life.

MARYLAND EMS-CHILDREN (EMS-C) AWARD

This award is given to an adult or program that has demonstrated ongoing dedication and commitment to improving the care for children and for promoting Family Centered Care in a Maryland EMS program or hospital.

MARYLAND EMS-GERIATRIC (EMS-G) AWARD

This award is given to an individual or program that has demonstrated ongoing dedication and commitment to improving the EMS care of the elderly in Maryland.

NOMINATIONS FOR 2022 are DUE by FRIDAY, MARCH 25, 2022. SUBMIT THROUGH THE ONLINE LINK: <u>http://www.miemss.org/home/documents</u>



The Right Care When It Counts Maryland EMSC 2022 Program



The Maryland EMS for Children program is <u>In Search Of</u> children and youth in Maryland who have demonstrated <u>Steps to Take in an Emergency</u> or <u>Ways to</u> <u>be Better Prepared for an Emergency</u>. Actions taking place January 1, 2021, through December 31, 2021, are eligible for nomination. We will be recognizing children and youth who acted so that others would receive "The Right Care When It Counts." Each nominee will receive a patch and certificate and be eligible for a state award at a ceremony during EMS Week 2022. Questions? Email <u>awards@miemss.org</u>

Children and youth who have met one or more of the following criteria are eligible for Right Care Awards:

- 1. Activates the Emergency Response System by calling 9-1-1 in an emergency
- 2. Calls the Poison Control Center in an emergency (1-800-222-1222)
- 3. Provides family emergency phone numbers, address, and contacts to emergency responders
- 4. Knows and practices an emergency plan at home
- 5. Applies knowledge learned in a first aid class
- 6. Performs CPR and/or uses an AED effectively
- 7. Knows his or her medical history (allergies, medications, special needs, etc.) and shares this information with emergency care providers
- 8. Participates in fire and injury prevention education in the community
- 9. Prepares, with his or her family, to respond to a disaster
- 10. Provides emergency assistance in the community

Nominations for 2022 are DUE by March 25th, 2022 (Friday). Submit through the online link: <u>http://www.miemss.org/home/documents</u>

MIEMSS Partners with Mental Health Association of Maryland to Offer Free Mental Health First Aid

(Continued from page 1)

completion of the eight-hour course participants will enable participants to receive a nationally recognized certification from the National Council for Mental Wellbeing (NCMW). Participants will:

- Increase their mental health literacy
- Increase their confidence in providing support to someone in distress
- Increase their knowledge of professional and selfhelp resources
- Decrease stigma associated with mental health concerns and responses

First responders can register for a course individually, or stations and departments can request to have their members/employees trained as a group. For more information on how to register for a class or request a group training, contact Jevon Billups at dominionservicesolutions@gmail.com or 571-378-3030 (phone/text). To reach the Mental Health First Aid Maryland team, contact Indu Radhakrishnan at iradhakrishnan@mhamd.org or 443-901-1550 ext. 228 (phone). ■



Artwork courtesy of Jim Jarboe, a retired Montgomery County career firefighter and member for close to 65 years of the Takoma Park Volunteer Fire Department, where he continues to volunteer.

