

MHFA USA Founding Partner



Mental Health FIRST AID MARYLAND

from NATIONAL COUNCIL FOR MENTAL WELLBEING



ADULT MENTAL HEALTH FIRST AID INSTRUCTOR TRAINING PROGRAM



December 13–15, 2022
9:00 a.m. – 5:00 p.m.
Online

Free Registration for Maryland Fire/EMS first responders!

ABOUT TRAINING

Mental Health First Aid (MHFA) Instructor Training event teaches first responders, hospital staff, and law enforcement officers how to identify, understand and respond to signs of mental health and substance use challenges that adults face.

MHFA Instructors connect communities and build mental health literacy while teaching others how to assist during mental health challenges or crises.

THIS COURSE CONSISTS OF

- **Eight hours** of self-paced pre-work, and
- **Three days** of live virtual instruction.
- Maryland EMS CEUs

[Learn more about becoming an MHFA Instructor >>](#)

[Visit MHFA for more information >>](#)

SEATS ARE LIMITED! REGISTER TODAY

