

Viral Syndrome Pandemic Triage Protocol



EFFECTIVE March 17, 2020 until rescinded or superceded

For Use By BLS and ALS Clinicians

YES NO	
	Patient age is between 2 and 55 years
	Patient has a suspected viral syndrome with at least two (2) of the following symptoms: fever, cough, body aches, or sore throat
	Patient has a history of immunosuppression, or is taking medicines that depress the immune system (cancer undergoing chemotherapy, transplant patient, HIV, etc.)
	Patient has a history of diabetes
	Patient has a history of heart disease
	Patient has a history of COPD or lung disease
	Patient has a heart rate between: 50 - 110 bpm (age 13-55 years); (age 2-5 years: 80-140 bpm; age 6-12 years: 70-120 bpm)
	Patient has a systolic blood pressure between: 110-180 mmHg (age 13-55 years); (age 2-5 years: > 80mmHg; age 6-12 years: > 90mmHg)
	Oxygen saturation (SpO2) greater than or equal to 94%
	Clear lung sounds
	Respiratory rate between 12 - 22 breaths per minute, and the patient does not complain of shortness of breath
	Patient is able to ambulate without difficulty
	Patient is agreeable to home self-care

ANY CHECKS in a shaded box indicate that patient transport should be encouraged.

If <u>ALL</u> CHECKS are in non-shaded boxes, patient may provide self-care at home.

Refer to no-transport instructions for patients.

Any patient may be transported at the EMS Clinician's discretion.

This emergency protocol was issued by the Maryland Institute for Emergency Medical Services Systems, after approval by the Executive Director and Chairman of the State Emergency Medical Services Board, in response to the COVID-19 pandemic, and in accordance with Education Article Section 13-516(d)(1) and COMAR 30.03.05.02(I) and a catastrophic health emergency proclamation.