

How to Conduct the Car Seat Tolerance Screen: A Training Presentation for Nurses



This 30 minute presentation trains Maryland healthcare providers to administer the Car Seat Tolerance Screen (CSTS).

Specifically the presentation:

- illustrates the steps involved in conducting the test, using photos and graphics.
- shows the typical adjustments that caregivers must make to their car seat to prepare for their newborn's CSTS and discharge.
- describes the "Maryland Best Practice Guidelines for the CSTS."
- covers strategies for conducting the test so that it effectively screens for which babies may have respiratory or cardiac events when riding in their car seat.
- details what a failure in the test means and the next steps.
- provides resources for additional CSTS assistance or help for caregivers with their car seats.
- offers optional hands-on activities and 'identify the misuse' photos.

This presentation and accompanying materials are available for free to Maryland hospitals through grant funding from the Maryland Department of Transportation's Highway Safety Office to MIEMSS' Child Passenger Safety Healthcare Project. To schedule a live online presentation or an in-person workshop, or to get supplemental materials, contact CPS@MIEMSS.org. For the pre-recorded version go to:

https://www.youtube.com/watch?v=P2ee6kB_4Xc&t=10s

The car seat test for newborns: What parents and caregivers should know



Guidelines from the American Academy of Pediatrics state that babies born prematurely or with health problems or a low birth weight should be monitored for heart or breathing problems when they are harnessed in their car seats while still in the hospital. What happens in this test? What should parents or caregivers do before their baby has this test?

This video will answer these questions as well as what if the baby does not pass the test. Referral information for additional questions or car seat help is provided.

English version (17 minutes):

https://www.youtube.com/watch?v=uLCI_C4Tulo&t=5s

Spanish version (25 minutes):

<https://www.youtube.com/watch?v=Upebyzoooj0>

